Adios Barbie

Girls Only Club

Interview Questions

* Adios Barbie is a wonderful site focused on erasing the unrealistic standards of beauty. With reality shows and magazines portraying women in the media who seem to fit a certain description and demographic, how can a young woman remain confident in her unique beauty when she’s surrounded by praised women who look and act completely different than her?
* Girls Only Club’s main goal is to help young women realize their true inner strength and succeed in everything they dream of doing. Where do you believe inner strength and self-confidence collide?
* Can you explain a time where you realized that you had the power to change the way you felt about yourself?
  + What lesson(s) did you learn at this point that you will never forget?
* Realistically, what steps need to be taken (and by whom) in order to have every form of beauty represented in the media?
* What is one story you’ve heard while running Adios Barbie from a reader that touched you the most?
  + What advice would you give to a young woman going through the same or a similar situation?
* And lastly, since Girl’s Only Club is all about empowerment, what makes YOU a powerful girl?